

**Balanced Rehab**  
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## OUTPATIENT REFERRAL FORM

Patient Name: \_\_\_\_\_ DOB \_\_\_\_\_ Phone \_\_\_\_\_

Diagnosis \_\_\_\_\_ Date of Injury/Illness/Surgery \_\_\_\_\_

Precautions/Contraindications \_\_\_\_\_

### PHYSICAL THERAPY

- Evaluate and Treat
- Therapeutic Exercise
- Manual Therapy
- Isokinetic Test/ Exercise
- Myofascial Release/Massage
- Hot Packs/Ice Packs
- Electrical Stimulation
- Ultrasound
- Mechanical Traction
- Gait Training
- Equilibrium Training
- Vestibular Rehab
- Manual Lymphatic Drainage
- Neuromuscular Re-education

Other: \_\_\_\_\_  
\_\_\_\_\_

### Goals

- Relieve Pain
- Increase ROM
- Independence in Home Program
- Improve Function
- Improve Strength

Frequency: \_\_\_\_\_ Duration: \_\_\_\_\_ Rehab Potential: \_\_\_\_\_

Physician: \_\_\_\_\_ Date: \_\_\_\_\_

P.I.D. \_\_\_\_\_

**Please fax orders to 386-252-2414**